

Lake Placid Report

Throughout the 1992 summer session, Ice Theatre of New York Plie Power/Style classes were led by Ice Theatre performer Cecily Morrow at the Olympic Center in Lake Placid, New York. Two classes were held three days a week for twenty-five minutes each. An average of ten skaters attended each class, sometimes expanding to as many as twenty-five, according to summer session attendees.

Enthusiasm for the classes was high among the parents and coaches of the class participants, who before long started coming to class dressed in typical Ice Theatre garb. At mid-season, a core of twelve skaters was selected out of the classes to skate some of the Plie Power exercises in a Saturday night show during a "work-in-progress" choreographed by Morrow. Skaters of all levels, preliminary through gold test, took to the ice dressed all in black and performed a five-minute piece to Ennis Morricone's "The Mission"

Hosting the classes was a new experiment for the Lake Placid summer session. The idea belonged to Colleen Duffy, Director of Figure Skating at the Olympic Regional Development Authority, the organization which maintains and operates all of the 1980 Olympic venues. The decision to lead the classes was a last-minute one for Morrow, who had planned to be in Lake Placid all summer finishing the first in a series of four videos, *Systematic Figure Skating: The Spin and Jump Techniques of Gustave Lussi*, documenting Gus Lussi's teaching methodology for use in instruction. This video series, hosted by Dick Button, is an in-depth look at Mr. Lussi's techniques, featuring 1992 Olympic Silver Medalist Paul Wylie and other skaters being instructed by Gus Lussi himself, as well as film footage of Tenley Albright, Dick Button, John Curry, Dorothy Hamill, Don Jackson, Otto and Maria Jelinek, Gordie McKellen, and Ronnie Robertson.

The first hour (Volume One), offers step-by-step instructions from Mr. Lussi on sit spins, back and forward scratch spins, and steps in and out of spins. It is now available for purchase. Write to Cecily Morrow for more information, or order Volume One by sending your check or money order for \$53.00 (including shipping and handling) to:

Lussi Technical Video
207 Earle Avenue
Easton, MD 21601

Please indicate if you are a pro, skater, parent, or represent a rink or club. Please allow three weeks for delivery.